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Loop Recorder Explant (Removal) Procedure Information

What are the procedure risks?

Generally, this is a safe procedure. However, as with any procedure, problems may occur, including:

- Infection, Bleeding, Allergic reactions to medicines or adhesives, Damage to nerves or blood vessels.

What happens before the procedure?

- Do not take any food or drink, for 4 hours before the procedure. A little water to take medications is ok.
- Ask your health care provider about:
 - Changing or stopping your regular medicines. This is especially important if you are taking diabetes medicines or blood thinners.
- You may be given antibiotic medicine to help prevent infection.
- Plan to have someone take you home after the procedure.
- If you will be going home right after the procedure, plan to have someone with you for 24 hours.

What happens during the procedure?

- You may be given an antibiotic medicine depending the physician preference.
- You will not be given sedation for the procedure. If you feel you need medicine to relax you, please discuss with your provider.
- You will be given medicine to numb the area (*local anesthetic*).
- A small cut (*incision*) will be made on the left side of your upper chest.
- The device will be removed.
- The incision will be closed with stitches (*sutures*) or adhesive strips.
- A *dressing* will be placed over the incision.

What happens after the procedure?

- You will be able to go home on the day of your procedure. Before going home:
 - You will be provided with post-procedure instructions, including how to care for the procedure site.
- **Do not** drive for 24 hours if you received a sedative.

By signing this, the patient acknowledges that they have received these Pre-Procedure Instructions, and agrees to abide by them.

Patient Name: _____

Patient DOB: _____

Patient Signature : _____

Date: _____